



Parish of The Annunciation, Rushcliffe

Serving the Churches of Holy Spirit, West Bridgford, Our Lady of Grace, Cotgrave, St Anne, Radcliffe-on-Trent and Bingham, St Margaret Clitherow, Keyworth

<https://parishoftheannunciationrushcliffe.co.uk>

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You must come away and rest

Mark 6:30-34

Sixteenth Sunday of the Year

Holy Masses and Services for 20th - 28th July 2024

Date	Mass/Service	
Saturday 20th July Feria	3.30-4.15pm Confessions; SA 4.30pm Mass; SA 5.30-6.15pm Confessions; HS 6.30pm Mass; HS	For Carmel, Speedy Recovery from the Friendship Group Annie and Ernie Cauldwell RIP
Sunday 21st July Sixteenth Sunday of the Year	9am Mass; SA 9am Mass; SMC 11am Mass; HS 11am Mass; OLOG	Teresa McPake RIP Curtis Family Agnes McKenzie 95th Birthday The People of The Parish
Monday 22nd July St Mary Magdalene	9.30am Mass; SA 5pm Rite of Reception; SA	Tony Crump's Intentions Reception of the body of Martin Nutt RIP
Tuesday 23rd July St Bridget	9.30am Mass; SMC 12pm Funeral Mass/Requiem; SA	Imelda McQuaid RIP Martin Nutt RIP
Wednesday 24th July St Sharbel MakhluF	9.30am Mass; HS	Bonnie Teeling RIP
Thursday 25th July St James	9.30am Mass; HS	For Sue
Friday 26th July Saints Joachim and Anne	12pm Mass; SA 7.30pm Mass; HS	Cynthia Radcliffe RIP Special Intentions
Saturday 27th July Feria	11am Baptism ; SMC 4.30pm Mass; SA 6.30pm Mass; HS	Sarah Egglenton Catherine Pereira RIP Kevin Bratt RIP
Sunday 28th July Seventeenth Sunday of the Year	9am Mass; SA 9am Mass; SMC 11am Mass; HS 11am Mass; OLOG	John Clark RIP Carmel Zawodniak's Intentions McArthur Special Intentions The People of Parish

Rosary: Monday 10am SA; Tuesday 9am SMC; Wednesday 9am HS; Friday 10.15am SMC; 11.30am SA; Saturday 4pm SA.

Adoration of the Blessed Sacrament: Wednesday 7pm SA; Friday 10.30am SMC; 11am SA; 6.30pm HS.

After Mass Refreshment Sunday 21st and 28th July After Mass; SA, SMC, HS, OLOG; Tuesday 23rd July After Mass, SMC; Wednesday 24th July After Mass HS; Friday 26th July After Mass SA.

Let us pray for those who have died recently: Please pray for the repose of the soul of Martin Nutt of Tollerton who passed away recently. Reception of the body into St Anne is on Monday 22nd July 5pm and his Funeral Mass is on 23rd July 12noon, St Anne. Please keep his families in your prayers. We also remember those whose anniversary occurs around this time. May they rest in peace. Please keep his families in your prayers. We also remember those whose anniversary occurs around this time. May they rest in peace.



SECOND COLLECTION ♦ 27th / 28th July | Diocesan Quota

You Must Come Away and Rest

Dear Friends,

"You must come away and rest," found in Mark 6:31, holds profound significance in both its immediate context and broader implications for life and spirituality. Here's an expanded view of this teaching:

In Mark 6:30-32, the apostles return to Jesus after their mission of preaching and healing. They are eager to report all that they had done and taught. Recognizing their weariness and the constant demands of the crowd,

Jesus says: *"Come away by yourselves to a secluded place and rest a while."*

They then go away in a boat to a solitary place.

In today's fast-paced world, this teaching of Jesus is more relevant than ever. People often feel pressured to be constantly productive, leading to stress and burnout. Here are some practical ways to apply this principle.

Significance and Implications

Physical Rest: Jesus acknowledges the physical exhaustion of His disciples. They had been working tirelessly, and rest was essential for their bodies to recover. This emphasizes the importance of physical rest in maintaining health and productivity.

Mental and Emotional Renewal: The constant demands and pressures of their ministry work would have been mentally and emotionally taxing. Retreating to a quiet place provided an opportunity to decompress, reflect, and regain mental clarity and emotional balance.

Spiritual Rejuvenation: Time alone in a quiet place also allowed the disciples to reconnect with God through prayer and meditation. Spiritual rest and renewal are crucial for sustaining faith and spiritual strength, particularly for those engaged in ministry or any form of service.

Preventing Burnout: By encouraging His disciples to rest, Jesus modelled a balanced approach to work and rest, highlighting the dangers of burnout. This is a timeless principle applicable to all, reminding us that continuous work without rest can lead to exhaustion and decreased effectiveness.

Setting Boundaries: Jesus demonstrates the importance of setting boundaries, even in the face of constant demands from others. It's a reminder that it's okay, and necessary, to say no sometimes in order to take care of oneself.

Creating Space for Reflection: Retreating from the busyness of life creates space for reflection and introspection. It allows one to process experiences, gain new insights, and make thoughtful decisions.

My friends, Jesus' invitation to "come away and rest" is a profound reminder of the importance of rest in our lives. It underscores a holistic approach to well-being that encompasses physical, mental, emotional, and spiritual health. By embracing this principle, we can enhance our overall quality of life, sustain our productivity, and deepen our spiritual journey together.

Have a blessed summer!

Peace, John and Evarist

Suspension of New Road, Radcliffe on Trent - St Anne Access to New Road is closed from the top of the road. Extra time may be needed to get to St Anne and parking will be difficult. You may want to consider parking elsewhere in the village.

Our Lady of Grace ♦ **Call for Volunteers** The Local Church Team at OLOG is in need of volunteers in the following roles: Health and Safety support, First aider and an additional Parish Safeguarding Representative. Please contact Aleisha Turner - Aleisha.turnerPSR@dioceseofnottingham.uk for more information.

♦ **Be part of Local Church Team** We are also inviting anyone who would like to participate more in the life of our church to join our Local Church Team. Joining this group is a great way to be involved in shaping the future of our church and our parish. Please contact Aleisha Turner for more information -

Aleisha.turnerPSR@dioceseofnottingham.uk. ♦ **Thank You Note from Fairtrade** Once again I would like to thank all the parishioners who so generously supported the Fairtrade stall last Sunday. £146.45 of fairly traded goods were sold, of which almost £50 worth were donated directly to the food bank collection, which was taken to Emmanuel House this week. This is amazing. The next stall will be held on the 18th of August, but if anyone is away and wants to make a purchase then please ask if you see me at OLOG Church.

St Anne ♦ **Friday refreshments after Mass at St Anne** It will be suspended for the month of August. We look forward to welcoming you back the first Friday in September! If anyone would like to join our rota to help with these much valued social occasions please get in touch with Celia Radcliffe 07808 211018/ infocelias@aol.com. Thank you.

St Margaret Clitherow ♦ **Thank you note** for all who helped at the CHURCHES TOGETHER KEYWORTH stall at the Keyworth Show. The next CTK venture is Holiday Club on the mornings of 29th and 30th July.

Save the Date for Parish Events!

Exciting times are ahead for our parish community, and we invite you to join us in the celebrating several upcoming events. Please mark your calendars and save the dates for these special occasions.

- ◆ **Sunday 15th September, Family Mass at normal Sunday Mass time in our churches:** We warmly invite families to join us in planning and taking part in our upcoming Family Mass. Your involvement will make this celebration truly special. Children, young people, and grandparents are all welcome. Please contact Ceci Li or Sacristan at your Church, Jim Harrington at Holy Spirit, Tess Foster at Our Lady of Grace, At St Anne, Carmel Zawodniak at St Margaret Clitherow for more details. We look forward to your participation!
- ◆ **Sunday 6th October 11am, International Mass at Becket followed by International Lunch in celebrating the rich diversity of our parish community:** We invite you to bring a food or dish from your hometown to share with others, showcasing the unique flavours and traditions from our diverse backgrounds. More details will be shared in September.
- ◆ **Thursday 24th October, Ruby Jubilee of St Margaret Clitherow** (Consecrated on 24th October 1984) Bishop Patrick will celebrate the special Jubilee Mass followed by refreshment. More details will be shared in September.

Masses Time on Holy Days of Obligation (not falling on a Sunday)

August - Assumption of the Blessed Virgin Mary

- ◆ Vigil Mass, Wednesday, 14th August, 7pm, at St Margaret Clitherow
- ◆ Mass, Thursday, 15th August, 10am at Holy Spirit; 12noon, at St Anne

Mrs Anita Blake – Headteacher Retires

Friday of last week our Saint Edmund Campion School hosted a Mass of Thanksgiving for Mrs Blake. We will have the opportunity to express our thanks as a Parish after the summer. For now, Anita, get your slippers on and prepare yourself for me time !

With every blessing from us all.

Update regarding our Parish Manager It was with great sadness that we bid farewell to Catherine on Tuesday of last week her final day in the office. Once again, I want to express my deepest gratitude to Catherine for her almost 14 years of service to our Parish.

We will celebrate a Thanksgiving Farewell Mass for Catherine on **8th September 11.00AM at Holy Spirit**. If you would like to contribute towards a leaving gift for Catherine, please send the envelope addressed 'For Catherine' to Fr John or the Parish Office.

SVP Vinnie Summer Camp, Mablethorpe. Sat 17th - Sat 24 August 2024 Applications are now open for boys & girls aged 10 & 11, currently in years 5 & 6. The cost is £80 which includes transport, accommodation, meals & activities. For more information, please visit our website: <https://svp.org.uk/microsite/mablethorpe-childrens-camp>. Or email: Mablethorpe@svp.org.uk.

To apply go to: https://svp1.formstack.com/forms/childrens_application_form_mabelthorpe.

If you are interested, contact SVP Holy Spirit -St Anne's (Cristina 0798 5481869), financial support is available, if needed.

Newsletter Update There will be no newsletter in August as the parish office is taking this holiday season to plan, wrap up, and get ready for upcoming key events and sacramental programs. We will continue sharing the weekly Holy Masses and Services Diary, and communicating highlights through email. If you would like to subscribe to the mailing list or receive a hard copy, please contact the parish office. For inserts for the weekly email, please send them to Ceci Li by the end of Wednesday noon.

Parish RCIA programme (Faith Journey Group) We are excited to announce that our Parish RCIA programme, known as the Faith Journey Group, will start on Tuesday, 10th September, meeting in the Holy Spirit social centre hall at 7pm. If you know anyone interested in learning more about becoming a Catholic, please invite them to join us. The RCIA (Rite of Christian Initiation of Adults) is open to any adults who wish to:

- ◆ Learn about the Catholic faith
- ◆ Prepare for baptism, confirmation, and first Eucharist
- ◆ Be received into the Catholic Church

Full details of the programme are available in a leaflet at the back of the Church and on a poster.

Calling for Catechists and Helpers We are seeking volunteers to support the programme as catechists or helpers. If you are interested, please contact Ceci for more details. There will be a briefing meeting for catechists and helpers on Tuesday, 23rd July in the Holy Spirit social centre hall at 7:00pm.

No previous experience is necessary—just come along and find out more!

A REFLECTION FROM POPE FRANCIS FOR THE YEAR OF PRAYER, FOR THE SIXTEENTH SUNDAY

In the Old Testament David – as pastor and king – prefigures Jesus the Good Shepherd and universal King, whose prayerful relationship with his heavenly Father sustained his whole life. David was both saint and sinner, full of contradictions, yet in his vocation of leadership he was constant in prayerful dialogue with God. Our lives are often marked by contradictory forces, but if, like David, we persevere in prayer, whatever our vocation and the difficulties we may face, we will come to know the closeness of the Lord and be able to share this joy with others.

PILGRIMAGE TO MEDJUGORJE 12TH - 19TH MAY 2025

8-Day Pilgrimage to Medjugorje led by Fr. John Martin from 12th - 19th May 2025. Please visit Parish website [<https://www.allsaintstravel.co.uk/mj0929/>] or contact Parish Office for more details.

PARISH CONTACT DETAILS

Parish Priest: Fr John Martin ☎ 0115 9814271 / 07714 460526 **[FOR EMERGENCY ONLY]**

✉ john.martin@dioceseofnottingham.uk

Assistant Priest: Fr Evarist Kaniki ☎ 0115 9814271 / 07424 542925 **[FOR EMERGENCY ONLY]**

✉ evarist.kaniki@dioceseofnottingham.uk

Parish Admin Team: Margaret Joby

☎ 0115 9814271 ✉ annunciation@dioceseofnottingham.uk

Parish Finance Administrator: Cecilia Cheung ✉ cecilia.cheung@dioceseofnottingham.uk

Faith Formation Coordinator: Ceci Li ✉ ceci.li@dioceseofnottingham.uk

Office Opening Hours: Tuesday to Friday, from 9.00am - 3.00pm

Newsletter inserts contact Ceci Li, Faith Formation Coordinator. Please send your insert by Wednesday noon.

Parish Safeguarding Team and Details:

◆ Holy Spirit West Bridgford, St Anne, Radcliffe-on-Trent - Christine Marquina / Michael Chesters

✉ Christine.MarquinaPSR@dioceseofnottingham.uk ☎ 0751 372 5553

✉ Michael.ChestersPSR@dioceseofnottingham.uk ☎ 0751 372 5553

◆ Our Lady of Grace, Cotgrave - Aleisha Turner

✉ Aleisha.TurnerPSR@dioceseofnottingham.uk ☎ 07513 725268

◆ St Margaret Clitherow, Keyworth - Clare Bhabra

✉ Clare.BhabraPSR@dioceseofnottingham.uk ☎ 0751 372 5415

Safeguarding Coordinator for the Diocese:

Rachael Campion ✉ safeguarding@dioceseofnottingham.uk ☎ 0115 953 9849

Hospitals If you know of anyone in hospital who would like a visit from the chaplain, please call:

QMC: 0115 9249924 (ext. 83799) **City:** 0115 9691169 (ext.837) or email: contactachaplain@nuh.nhs.uk

SACRAMENTS

Baptism, First Holy Communion, Confirmation Programme and Faith Journey Group (RCIA), please contact Ceci Li, Faith Formation Coordinator.

Marriage: six months' notice required. Please contact the Parish Office.

Communion to the Sick and Housebound: contact the Parish Office.

Funerals: organised with local funeral directors, please contact the Parish Office to arrange an appointment with the Priest.

DONATIONS

We appreciate any donation you wish to give by cash, cheque or via online banking. For the purposes of setting up a regular donation via your online banking, the parish bank details are as follows:



Annunciation Rushcliffe RCP Account Number: 44603560 Sort code: 30-96-18

If you are a UK taxpayer, please consider to gift aid your donation, scan the QR Code for more details.